

Year’s last blood drive today

Airman 1st Class Boto Best
Public affairs

BLAZE team members are encouraged to come out and support the last blood drive for 2003 from 8 a.m. to 4 p.m. today at the base chapel annex.

“We encourage people to give blood because it is the gift of life that can only be manufactured in the human body,” said Sharon Nichols, base blood program officer.

As of summer 2002, a new regulation rendered many base members ineligible to give blood because they were stationed in Europe between 1980 and 1996 when the risk of mad cow disease was imminent.

But the base has had really good participation in spite of that, Ms. Nichols said. About 3 to 4 percent of the eligible base population gives blood, which compared to nationwide figures, is normal, she said.

“January’s blood drive was the strongest one we’ve had that we know of, but we could always use more,” Ms. Nichols said.

Danny Washington, 14th Communications Squadron, started giving blood last year and has donated ever since.

“I give blood every chance I get because it gives me an opportunity to help others,” he said. “I highly encourage others to give blood because I’m sure that everyone has had a loved one or family member that has needed blood at sometime in their life. Besides, you never know when you might need someone else’s blood.”

People are ineligible to give blood if they:

- ❑ Spent more than three months in the United Kingdom (England, Northern Ireland, Scotland, Wales, the Isle of Man, the Channel Islands, Gibraltar or the Falkland Islands) between 1980 and 1996.
- ❑ Have received a blood transfusion, platelets, plasma, cryoprecipitate or granulocytes in the United Kingdom since 1980.
- ❑ Have spent time that adds up to five years or more in France since 1980.
- ❑ Spent more than six months associated with a military base in Belgium, the Netherlands, Germany, Spain, Portugal, Turkey, Italy or Greece between 1980 and 1996.
- ❑ Have had any tattoos or piercings within the last 12 months.

The Med Group and Mississippi Blood Services are sponsoring the event. Donors get T-shirts, snacks and drinks. The squadron with the best turnout wins the commander’s ‘Gift of Life’ trophy. For more information, call Ext. 2855.



Airman Cecilia Rodriguez

Silver Wings survey
Airman 1st Class Jesus Espinoza, 14th Medical Operations Squadron, Airman Xavier Coley, 14th MDOS, Airman Jarod Johnson, 14th Security Forces Squadron, and Airman Anthony Smith, 14th Flying Training Wing, check out Silver Wings for the base flag football standings. Silver Wings staff is conducting a newspaper survey until Dec. 7. People can complete the survey at www.afnews.af.mil/internal/survey/survey_index.htm.

Rules of Mess: Avoiding grogs

Airman Cecilia Rodriguez
Public affairs

The enlisted dining-out is at 6 p.m. today at the Columbus Club.

The event begins with a social hour, followed by a sit-down dinner and a speech from guest speaker Chief Master Sgt. Timmothy Dickens, 19th Air Force command chief.

As with any tradition, there are rules that must be followed. Violators of these rules are subject to the mischievousness of mister and madam vice:

1. Thou shalt arrive within 10 minutes of the appointed hour.
2. Thou shalt make every effort to

meet and greet all guests.

3. Thou shalt move to the mess when thou hear the chimes and remain standing until seated by the president.
4. Thou shalt not bring cocktails or lighted smoking material into the mess.
5. Thou shalt smoke only when the smoking lamp is lit.
6. Thou shalt not leave the mess whilst convened. Military protocol overrides all calls of nature.
7. Thou shalt participate in all toasts unless thyself or thy group is honored with a toast.
8. Thou shalt ensure that thy glass is always charged when toasting.
9. Thou shalt keep toasts and comments within the limits of good taste

and mutual respect. Degrading or insulting remarks will be frowned upon by the membership. However, good-natured needling is encouraged.

10. Thou shalt not murder the Queen’s English.
11. Thou shalt not open the hangar doors.
12. Thou shalt always use the proper toasting procedure.
13. Thou shalt fall into disrepute with thy peers if the pleats of thy cummerbund are not properly faced.
14. Thou shalt also be painfully regarded if thy clip-on bow tie rides at an obvious list. Thou shalt be forgiven, however, if thou also ride at a comparable list.

See MESS, Page 3

Civilian health care rising, open season begins Nov. 10

AIR FORCE PERSONNEL CENTER — Air Force Civilian Health Care Plan premiums are expected to increase an average of more than 10 percent in January - that means employees with ‘self-only’ coverage will pay about \$5 more per pay period and those with ‘family coverage’ will pay \$11.95 more.

Employees will have the opportunity to review and update plans during the program’s open season until Dec. 8.

The number of health plans carriers is also increasing by 17 for a total of 205 options available for employees to choose from in 2004, said Janet Thomas of the Benefits and Entitlements Service Team at Air Force Personnel Center.

Included in the increase of carriers are two new “consumer-driven” plans that allow employees to manage their own health care needs and health dollars. Nine health plan carriers are dropping out of the Federal Employee’s Health Benefits program this year.

“Insurance carriers leaving the FEHB or making significant service changes are required to notify their customers, and we

also send letters to those affected,” Ms. Thomas said, “but it is still the employee’s responsibility to ensure his or her plan is in order.

“Open season is the best time for people to review their health care coverage — not only to make desired changes, but to ensure their plan hasn’t been altered or discontinued,” she said.

Office of Personnel Management officials released the FEHB guides comparing costs, benefits and quality indicators. Those guides are available online at <http://www.opm.gov/insure/health/index.asp>. Individual plan brochures will be available soon.

“There are several guides so employees need to make sure they have selected the correct one,” Ms. Thomas said. Most full-time employees will review guide RI-70-1 and temporary employees will review RI-70-8.

More FEHB information is available on the OPM website at www.opm.gov/insure or the BEST homepage at www.afpc.randolph.af.mil/dpc/BEST/menu.htm.

All Air Force-serviced civilian employees must make their open season changes by one of two methods:

- AFPC’s Employee Benefits Information System web site at www.afpc.randolph.af.mil/dpc/BEST_GRB/EBIS.htm. Employees with self and family coverage or other insurance can use the BEST web automated system to make their elections and avoid having to transfer to a counselor to complete their transaction.
- Another advantage of making the election via the web is employees can print a copy of their health benefits election form (SF 2809) as soon as they complete their election.
- The BEST automated phone system at (800) 997-2378 or commercial 527-2378 if calling within the San Antonio, Texas area. Hearing impaired employees may call the TDD line at (800) 382-0893, or commercial 565-2276 within San Antonio. Overseas employees may use the AT&T toll-free direct access number for the country that they are in. Direct access numbers can be found on the web

at www.att.com/business_traveler/guides_and_access/dialing_instr.html#outside. Benefits counselors are available weekdays, 7 a.m. to 6 p.m. Central Time.

During this open season, eligible employees may also enroll in the Flexible Spending Account program for calendar year 2004. There are two types of FSA accounts: the Health Care Flexible Spending Account (HCFSA) and the Dependent Care Flexible Spending Account (DCFSA). FSA enrollment is conducted directly with SHPS Inc., the third party program administrator, at <https://www.fsafeds.com/fsafeds> or 1-877-372-3337, or TDD: 1-800-952-0450.

Employees eligible for FEHB, even if not currently enrolled, are eligible to elect a Health Care FSA. All employees with qualified dependents may enroll in the Dependent Care FSA except temporary employees with no fixed work schedule whose tour of duty is six months or less. Additional information regarding the FSA program is available on the BEST Homepage and the FSAFEDS Web site. *(Courtesy of AFPC News)*



Courtesy photo

Magnolia Stables

A horse sniffs shavings at the Magnolia Stables on base. The 14th Services Division installed barn doors for the stables, and the Weyerhaeuser Company donated 4,000 pounds of pine shavings that should last for more than two months.

New program will make child-care rate changes

Staff Sgt. Melanie Streeter
Air Force Print News

WASHINGTON — A new Air Force Services family member program initiative will change how some family child-care rates are set.

The family child-care subsidy program will help working parents find high-quality and affordable child care, said Kim Jackson, Air Force family member programs specialist.

Under the new subsidy program, fees for full-time care in FCC homes will be set in one of six categories based on the family’s annual income, Jackson said. This mirrors the way Air Force child development centers and school age programs determine rates.

For most FCC customers, this will significantly reduce the child-care fees currently paid to home providers, Jackson said. Fees for care in FCC homes now range from \$80 to \$185 per week, per child. Costs to parents will drop \$42 to \$124 per week, per child, under the subsidy program. Air Force family member program officials will pay the home providers the difference.

Home providers will also see an incentive in the program, Jackson said.

Bolling AFB, D.C.; Andrews AFB, Md.; Randolph AFB, Texas; and Langley AFB, Va. will test this program in November, Jackson said. Another 47 installations will implement the program in the following months.

Initially, families eligible for the subsidy include those with children younger than 3 years old, children with special needs, and children needing care during swing and midnight shifts at installations with waiting lists for CDC care, Jackson said. As additional funds become available and waiting lists continue at installation centers, other age groups will be added.

NEWS BRIEFS

Thanksgiving recipes

The Silver Wings will publish a special section featuring a collection of favorite Thanksgiving Day recipes Nov. 26. Submissions are due by Nov. 21.

Send recipes to silverwings@columbus.af.mil.

Please include full name and phone number. For more information, call Airman Alexis Lloyd at Ext. 7070.

Officer brief

A mandatory briefing for officers on force development is at 10:30 a.m. and 1:30 p.m. Wednesday at the theater.

MESS (Continued from Page 1)

15. Thou shalt consume thy meal in a manner becoming gentlemen.
16. Thou shalt not laugh at ridiculously funny comments unless the president first shows approval by laughing.
17. Thou shalt express thy approval by tapping thy spoon on the table. Clapping of thy hands will not be tolerated.
18. Thou shalt not question the decisions of the president.
19. When the mess adjourns, thou shalt rise and wait for the President and head table guests to leave.
20. Thou shalt enjoy thyself to thy fullest.
21. Infractions warranting a trip to the "grog bowl" may be noted at any time by the president, mister or madam vice, or any member of the mess. When the president directs a violator to the grog bowl, the individual:
 - ❑ Proceeds to the bowl promptly, halts centered on the head table, salutes the president and performs an "about face."
 - ❑ Fills a cup full of grog and toasts the mess.
 - ❑ Drains the contents of the cup without removing it from the lips.
 - ❑ Places the drained cup in the trash receptacle.
 - ❑ Completes an "about face," salutes the president and returns to his or her seat.
 - ❑ With the exception of the toast "To the Mess," the violator is not permitted to speak during this process.

Air Force recruiter

Tech Sgt. William Shuttleworth
2321C Hwy. 45N
Columbus, MS 39705-1715
(662) 241-5811

Speakers are needed for the Columbus AFB Speaker's Bureau. Anyone interested in speaking about the Air Force or their career field at civic clubs, career fairs, science fairs, elementary schools or high schools in the Golden Triangle area can come to the public affairs office and fill out an application. Call Ext. 7068.

Basewide Dormsgiving needs donations

Airman Cecilia Rodriguez
Public affairs

All single and unaccompanied enlisted, officers and families of deployed troops are invited to attend a Dormsgiving dinner at 5 p.m. Thursday at the base chapel.

"Commanders and first sergeants are providing cooked hams and turkeys to help our folks without families enjoy a little taste of home cooking for the holidays," said Master Sgt. Kevin Hawks, 14th Security Forces Squadron first sergeant.

"Since we expect a crowd of more than 300 people, we need plenty of side dishes," he said.

Volunteers may bring salads, desserts, vegetable dishes, cranberry sauce, potatoes, dressing, gravy and rolls in disposable containers.

"I arrived at Columbus AFB just in time to attend last year's

Dormsgiving," said Airman 1st Class Edwin Farlough, 41st Flying Training Squadron. "The environment helped me feel more at home around unfamiliar faces.

"So many military people have to spend the holidays away from their families, and events like Dormsgiving are important because they give people a chance to spend time with their Air Force families."

NCOs, as well as junior enlisted, realize the importance of community events during the holiday season.

"The base leadership is aware of the sacrifices our troops and their families make every day," Sergeant Hawks said. "So we are taking this opportunity to give a little back to our unaccompanied teammates."

For more information about Dormsgiving or to sign up to donate food, contact a first sergeant.



1st Lt. Richard Blakewood

Farewell

Retired Col. Billy McLeod, a wing commander here 1969 to 1971, was farewelled by Col. Steve Schmidt at the autumn Base Community Council meeting. Colonel McLeod was the architect of the base's transition from an alert airfield, back to a flying training facility. His career found him in cockpits from the B-47 to the B-45 and the F-100. He served in three wars — World War II, Korea and Vietnam. After retiring from the Air Force in Texas, he and wife, Bonnie, missed Columbus and returned to live and work for another 30 years, mostly in public service such as the United Way of Lowndes County. The McLeods have relocated to Northern Virginia this month to live near their children.

It takes two: 14th Services Division and you

Louella Anderson
14th Services Division



As I celebrate my first anniversary as the 14th Services Division director, I'd like to reflect on the successes, lessons learned and challenges we faced at this great base. Services exists to provide combat support to commanders in support of the mission through readiness, fitness and food service programs as well as community programs that enhance the quality of life for our military members and their

families. "Improving the Lives of Those Who Serve" is our vision and we want desperately to exceed our goal of delivering customer-driven programs, but we need your help.

The money: Mission-essential programs such as fitness, dining facilities, libraries and readiness are funded by appropriated funds from Congress. Activities essential to community and family support, such as child and youth, are authorized a significant level of appropriated funds but also must generate limited non-appropriated funds. Quality of life programs such as clubs, golf courses and snack bars rely on 100-percent non-appropriated funds.

The goal: Yes, it seems simple — listen, then deliver

STRAIGHT TALK LINE

The Straight Talk Line is your direct line to the commander for comments and suggestions on how to make Columbus AFB better. Although the Straight Talk Line is always available, the best way to resolve problems is through the chain of command.

The Straight Talk Line phone number is 434-7058. Callers should leave their full name and phone number to receive an answer. All names are kept confidential. Messages are answered in the Silver Wings without names.

Written questions may also be brought to the public affairs office in the wing headquarters building, Bldg. 724.

People can also access the Straight Talk program through the Blazeweb at <https://columbusweb> and the main website at www.columbus.af.mil.

Questions and answers will be edited for brevity.

Classified ads on the Web

Question: It would be nice for the Columbus Web site to have a page for classified ads for Columbus AFB. We do have the section in the Silver Wings, but unfortunately the paper only comes out every Friday. The web would allow people to place ads throughout the week and be viewable the next day.

Answer: Department of Defense and Air Force policies prevent the posting of classified advertisements on DoD web pages. Specifically, Air Force Instruction 33-129 prohibits the use of Air Force computers or software for

personal or commercial financial gain. This includes sales of personal property except on authorized bulletin boards established for such use. The approved bulletin board for our wing is in the family support center folder under the Columbus Public Folders in MS Outlook. A "For Sale" folder was created for this purpose. To advertise, right click on the folder and you should see the option to "Send link to this folder." People can then post their items for sale. Thanks for making the BLAZE team better.

*Col. Steve Schmidt
14th Flying Training Wing commander*

SILVER WINGS

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434-7069, or e-mailed to silverwings@columbus.af.mil by 2 p.m. Friday. The Silver Wings staff reserves the right to edit or rewrite all copy submitted when necessary.

Silver Wings Editorial Staff 14th FTW commander

Col. Steve Schmidt
Chief, public affairs
Pam Warnken
Editor

Airman Alexis Lloyd

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Airman 1st Class Boto Best
Airman Cecilia Rodriguez

— but with limited resources, sometimes we fall short of providing what the customer wants. In most cases, we haven't disclosed the reason or explained that the days of appropriated funds paying many of the bills have ended. When I read or hear, "Services made out like a bandit," or "Why can't we have more free base-wide picnics?" I know that we owe it to you and ourselves to explain. The dollars used to sponsor picnics and special programs also pay utilities in some cases, and purchased equipment and furnishings come from appropriated funds and AAFES dividends.

The message: Services exists to serve and support you, and the dollars generated equal the services provided. It really does take two.

Respect for flag honors our heritage

Chief Master Sgt. Karl Meyers
AETC command chief

RANDOLPH AFB, Texas — Leading nearly every parade in the United States is the star-spangled, red, white and blue symbol of our nation — our flag.

Its appearance has changed several times over the past 200-plus years as our nation grew to the 50 states that comprise the country today, but one common thread remains: The flag still flies because of the millions of Americans who fought in our nation's wars.

It waves proudly because patriotic Americans paid with their lives to keep our United States free.

When we pay proper respect to the flag, we honor those great Americans — heroes whose blood, sweat and tears are forever intertwined in the fabric of the red, white, and blue.

We also honor the men and women with whom we serve today. They deserve nothing less!

In that spirit, you may ask yourself, "What should I do?" for Reveille, Retreat and other traditional ceremonial occasions in which the U.S. flag may play a part.

See FLAG, Page 5

Key phone numbers

Base Exchange.....	434-6013
Chaplain.....	434-2500
Civil Engineer Service Desk.....	434-2856
Civilian Personnel.....	434-2635
Clinic:	
Family Practice.....	434-2172
Appointment Desk.....	434-2273
After Hours Care.....	434-2273
Columbus Club.....	434-2489
Commissary.....	434-7106
Finance.....	434-2706
Housing Maintenance.....	434-7370
Inspector General.....	434-2927
Legal Office.....	434-7030
Military Equal Opportunity.....	434-2546
Security Forces.....	434-7129
Shoppette.....	434-6026

We owe them our service: A personal view

Col. William Chambers
11th Wing commander

BOLLING AFB, D.C. — On the 11th hour of the 11th day of the 11th month in 1918, the guns fell silent on Europe’s muddy battlefields. World War I was over. President Woodrow Wilson ordered Armistice Day be commemorated in succeeding years as a reminder of the “war to end all wars.”

In 1954, President Dwight Eisenhower renamed the holiday to honor American veterans of all wars. The list has lengthened since 1918: World War II, the Korean War, Vietnam, the Gulf War, and, now, the Global War on Terrorism.

While the name of the day was changed, the purpose remained the same: To honor American veterans for their patriotism, love of country and willingness to serve and sacrifice for the common good.

We owe so much to our veterans, men and women who have been separated from their families, missed the births of their children and spent holidays away from home.

Moreover, it’s a debt we can never fully repay. America’s veterans, current



1st Lt. Joseph Coslett
Staff Sgt. Edward Vega, 14th Security Forces Squadron, Capt. Deirdre Gurry, 37th Flying Training Squadron, Staff Sgt. Preston Holt, 14th SFS, Arko, military working dog, Col. Steve Schmidt, 14th Flying Training Wing commander, show three different active-duty aspects during Veterans Day ceremony at Heritage Academy.

and past defenders, have helped shape the very character of America. Their stories are our country’s history, because America rose to greatness on their shoulders. We owe our way of life, our freedom to work and raise our families as we choose, to them.

There are more than 26 million veterans among us. We know them as our fathers and mothers, sons and daughters, and our next-door neighbors.

They represent the finest America has to offer through their lifetime of service, and the country has been enriched by

their contributions, both in and out of uniform.

As President George W. Bush noted on Veterans Day last year, “The term ‘veteran’ conveys more than a rank held in the past ... each of us is better because of the influence of a veteran. And so is America.”

Today, we are engaged in a war unlike any our country has ever known, against an enemy unlike any we’ve ever known. Like the defenders before us, we’ve been called to meet a great challenge. And, thanks to our leadership, our training, our equipment and our commitment, we’re ready. While the battleground and enemy may be different, our cause is clearly the same: to protect our republic, to preserve our fellow citizens’ freedoms and to help secure a peaceful future for our families. It is up to us to serve now like those who have gone before us — to fight for the values of liberty and justice they defended for us.

So, on this Veterans Day, the 50th year our nation has marked a day for veterans in November, let us remember the true significance of the day as we honor the millions of defenders on whose shoulders we stand and serve proudly.

FLAG (Continued from Page 4)

Here are a few answers to some common flag courtesy questions.

❑ Reveille is the signal for the start of the official duty day and, if the commander desires, a Reveille ceremony may accompany the raising of the flag. The ceremony can take place in the vicinity of the base flagstaff or in the unit area, and will be directed by the commander or representative. When not participating in a ceremony, no special recognition such as stopping or saluting is required during the playing of Reveille.

❑ Retreat signals the end of the official duty day and serves as a ceremony for paying respect to the flag. If a Retreat ceremony is conducted, the unit commander or representative will direct the formation throughout the event. Those outside and not part of a Reveille ceremony should stop in place and face the flag. When in uniform, assume the position of parade rest, and upon the first note of the National Anthem or To The Colors, come to the position of attention, render the hand salute and hold it until the last note of the music is played.

❑ For military members in civilian clothes, place the right hand over the heart at the first note of the National Anthem or To The Colors. Hats should be removed with the right hand and placed over the left shoulder so that the right hand is resting over the heart. Activity may continue once the National Anthem or To The Colors is completely finished.

❑ When driving a vehicle during the playing of the National Anthem or To The Colors, stop the vehicle and sit quietly until the music ends.

❑ In the case of a flag passing, such as the recent Veteran’s Day parade, military members in uniform will render the hand salute. Those not in uniform will place their right hand over the heart. In all cases, the gesture of respect should begin when the flag is about six paces from the individual and held until it is about six paces past.

❑ The Pledge of Allegiance is another time confusion can set in. For starters, the Pledge of Allegiance is not recited in military formations and ceremonies.

At outdoor functions and events that include civilian participants, military members in uniform stand at attention, remain silent, face the flag and render the hand salute.

❑ When indoors wearing the uniform, stand at attention, remain silent and face the flag. Reciting the Pledge of Allegiance at this type of occasion is optional when wearing the uniform as long as the participants are primarily civilians or in civilian attire.

❑ Lastly, when not in uniform whether indoors or outdoors, recite the Pledge of Allegiance standing at attention, facing the flag with the right hand over the heart. Hats should be removed and held in the right hand over the heart as appropriate.

These “rules” of respect for our flag are traditional gestures of honor for the most immediately identifiable symbol of the United States of America. It is the symbol that unifies us; it is our rallying point and the ultimate representation of our nation to the world.

As Oliver Wendell Holmes said, “One flag, one land, one heart, one hand, One Nation evermore!”

Sacagawea: The Saga of a Shoshone

Jim Garamone
American Forces Press Service

(Editor’s note: This article is in honor of November’s Native-American Heritage Month.)

WASHINGTON — She was a slave, a woman and an Indian. And America might not be what it is today without Sacagawea.

She was probably born in 1790 in what is now Idaho. A member of the Shoshone tribe, she was kidnapped as a child by the Hidatsa tribe. The Hidatsas sold her as a slave to the Mandan Sioux of modern-day North Dakota.

There are conflicting stories, but Sacagawea ended up with a Canadian trapper named Toussaint Charbonneau.

One story says he won her and another Indian woman in a bet. Others say Charbonneau bought the women. Whatever the truth, by the winter of 1805, the two were a couple, and Sacagawea was pregnant and near term. That sets the stage.

Two years earlier, President Thomas Jefferson had sent emissaries to France to buy New Orleans.

He believed U.S. interests mandated that the city, near the mouth of the Mississippi River, be part of the country. Alternatively, the emissaries were to negotiate free navigation of the river.

But Napoleon had another idea. He needed money and offered a deal: France’s entire Louisiana Territory for a then — kingly \$15 million. Jefferson jumped at it.

So what was out there? Before the Louisiana Purchase, the United States of America ended at the Mississippi. The fact is, white Easterners at the time knew more about the face of the moon than the interior of the North American continent - and the U.S. government had just bought 800,000 square miles of it sight unseen.

Jefferson sent his private secretary, Army Capt. Meriwether Lewis, to explore. Lewis recruited Lt. William Clark and the Corps of Discovery and in 1804 set off up the Missouri River into terra incognita. The all-male, all-single, mostly soldier group was to map, observe and record everything and to find a navigable water route to the Pacific.

Lewis and Clark realized they would need interpreters to speak with the Indian tribes they expected to meet.

In 1805, they wintered at the Mandan village along the Missouri. There, they hired Charbonneau as an interpreter and guide.

Along with Charbonneau came Sacagawea. The thinking was she could help translate when the expedition reached her native area.

The Indian teenager gave birth to a son, Jean Baptiste Charbonneau, on Feb. 12, 1805, in the Mandan village. The baby was strapped to his mother’s back when the expedition left the Mandans that April.

The expedition continued up the Missouri River. Stories told over the years have Sacagawea guiding Lewis and Clark through the wilderness, interpreting for them and keeping them out of harm’s way more

than a few times. There are contrarians.

Historian Stephen Ambrose, in “Undaunted Courage,” his book about the Lewis and Clark expedition, contends Sacagawea was not a guide and that neither Lewis nor Clark thought of consulting her even when she clearly could have helped.

The two seem to have asked for her advice only once — for a route when they entered her people’s hunting grounds. She pointed them up a tributary of the Beaverhead River.

What is not disputed are the events following Sacagawea’s reunion with her tribe on Aug. 15, 1805. If what happened had been part of a Hollywood movie, critics probably would have panned it as unrealistic. Lewis met with the chief of the Shoshones. Sacagawea listened to the parlay and then recognized the chief was her brother, Cameahwait. Her relationship to the chief cemented the expedition’s standing with the tribe.

It also may have been the critical breakthrough Lewis and Clark needed to reach the Pacific and return. They desperately needed Indian help to get

over the Bitterroot Mountains of Montana and Idaho. Cameahwait sold horses to the travelers and provided a guide to lead them across the Bitterroots. Even with Shoshone help, the expedition suffered many hardships going over the mountains. Had Sacagawea not helped them establish a rapport with Cameahwait, the explorers would certainly have fared far worse. Eventually, Lewis and Clark met up with the Nez Perce tribe and made their way to the Columbia River and to the Pacific Ocean.

They wintered over at the mouth of the Columbia and started home in the spring. When the party reached the Mandan village, Charbonneau and Sacagawea stayed behind.

Following the expedition, Clark offered to school



Photo courtesy of South Dakota State Historical Society
A statue of Sacagawea with her baby is located in Bismarck, N.D.

Jean Baptiste. Charbonneau and Sacagawea accepted the offer and moved to the St. Louis area.

They had a daughter named Lizette and then moved back to the Mandan village in 1811.

Sacagawea died of “putrid fever” on Dec. 20, 1812, or maybe not. Shoshone oral tradition says she returned to the Shoshones and settled at the Wind River reservation in modern-day Wyoming. Tribal tradition says she died on April 9, 1884, and is buried there.

A slave, an Indian and a woman, Sacagawea received little respect during her lifetime. Today, the United States recognizes her and her place in American history through its new Golden Dollar coin.

The front features a portrait of her and a bundled Jean Baptiste.

AT THE CHAPEL

Catholic

Sunday activities:

9:15 a.m. — Mass
10:30 a.m. — CCD
5 p.m. — Confessions
5:30 p.m. — Mass
Wednesday
11:30 a.m. — Mass

Protestant

Sunday activities:

9 a.m. — Sunday school
10:45 a.m. — Traditional worship
1 p.m. — Contemporary worship
Tuesday
Noon — Lunch and Bible study
Wednesday
5:30 p.m. — Dinner and Bible study

For Islamic, Jewish, Orthodox or other services, call the chapel at Ext. 2500.

AT THE MOVIES

All movies are shown at 7 p.m., unless otherwise noted, at the theater.

Today

“School of Rock” (PG-13, for some rude humor and drug references, 108 min.)

Starring: Jack Black and Mike White.

Saturday

“Out of Time” (PG-13, sexual content, violence, language, 87 min.)

Starring: Denzel Washington and Eva Mendes.

Nov. 21

“Intolerable Cruelty” (PG-13, for sexual, language and brief violence, 100 min.)

Starring: George Clooney and Catherine Zeta-Jones.

CHANNEL 64

BLAZE 64 offers announcements for people living in base housing or the dormitories.

Call Airman Boto Best for more information at Ext. 7069.

Weekdays

9 a.m., noon and 2 p.m.

Air Force Television News

Monday through Nov. 14

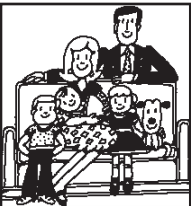
9:30 a.m., 12:30 p.m. and 2:30 p.m.

College Level Examination

Program Tapes:

Introduction to Management

FAMILY SUPPORT



Computer programs: Self-paced computer study programs in Word, Excel, Access, PowerPoint, Outlook, Publisher, FrontPage and PhotoDraw are available at the family support center. For more information, call Ext. 2839.

Separating workshop: People who are separating may attend this workshop Tuesday to Thursday at the family support center. Seminars include health benefits for retirees, small business development and relocation information. For more information, call Ext. 2839.

Holiday Stress: A seminar on dealing with holiday stress is from 11 a.m. to 12:15 p.m. Dec. 3 at the family support center. The event helps people evaluate traditions and situations that cause stress for families during the holidays and gives tips to lessen the stress. People must register by Dec. 1. For more information, call Ext. 2790.

Self-esteem: A seminar on self-esteem in women’s lives is from 1 to 3 p.m. Dec. 3 at the family support center. The event will explain how to build self-esteem. People must register by Dec. 1. For more information, call Ext. 2790.

Remote/deployed briefing: Military people who are going remote or being deployed must attend a mandatory briefing offered at 9 a.m. daily.

For more information call Ext. 2794.

BASE NOTES



Commission briefing: A mass commissioning briefing is from 9 to 11 a.m. Tuesday. To sign up or for more information, call Ext. 2562.

Education center: The education center has new testing times for College Level Examination Programs at 8 a.m. and 1 p.m. Mondays and Tuesdays and at 6 p.m. the first and third Wednesdays.

After Nov. 30, the education center will



Airman Alexis Lloyd

Mad potter

Sherry Pence, potter and student pilot’s wife, attaches the handle to a stein. Ms. Pence makes steins with silver wings for pilots and student pilots at Columbus AFB, and the steins are on display at the skills development center. For more information, visit www.madpotter.com.

no longer be able to CLEP the following subjects: college mathematics, English composition, natural science, history of the United States I and II, principles of accounting and spanish. For more information, call Ext. 2563.

Thrift shop: The thrift shop is open from 4 to 8 p.m. Tuesdays and 9 a.m. to 1 p.m. Thursdays. Consignments are accepted one hour before closing. The thrift shop is closed Nov. 21 and Nov. 25. Volunteers are needed. For more information, call 434-2954.

Happy Wrap: The Happy Christmas Fund annual Happy Wrap needs volunteers to help wrap gifts, transport gifts from the exchange and to downtown Dec. 10. For more information or to volunteer, call 434-5165.

Cookie drive: The Annual Base Holiday Cookie Drive is Dec. 15. People can drop off cookies, brownies, fudge or any other confectionary good to the Columbus Club from 6:30 a.m. to 9 p.m., or cookies that can be frozen can dropped off Dec. 8 at 7402 Jackson Circle. Volunteers are needed to help pack and deliver the goods to single unaccompanied

personnel. For more information, call 434-6866.

SCOUTING CORNER



Girl Scouts: Regular meetings for girls in kindergarten through grade 12 are at 5 p.m. Mondays at the youth center.

A mother and daughter sleepover is Dec. 6 at the youth center.

For more information, call Latoya Marble at Ext. 2504.

Cub Scouts: Regular meetings for boys ages 7 to 10 are at 6 p.m. Mondays at the Columbus AFB chapel. Anyone interested in joining, call Lt. Col. Bruce Robertson at Ext. 3569.

Boy Scouts: Troop 52’s next meeting for ages 11 to 17 is at Kerr McGee in Hamilton Nov. 24.

A Court of Honor is being planned for Dec. 3.

For more information or to join the scouts, call Greg Johnson at Ext. 7871 or 2nd Lt. Richard Carter at Ext. 2324.

Services brings a variety of activities to base

Catfish buffet: The Columbus Club offers an all-you-can-eat catfish buffet from 11 a.m. to 1 p.m. Fridays. Cost is \$5.95 for members and \$7.95 for nonmembers.

Customers may still order off the ala carte menu. Call Ext. 2490.

All-ranks brunch: The Columbus Club offers this brunch from 10:30 a.m. to 1:30 p.m. Sunday. Cost is \$8.95 for members and \$10.95 for nonmembers.

Call Ext. 2489.

Crafts classes: The skills development center offers youth and adult classes each month. Participants must register at least four days in advance to ensure all supplies are on hand.

Youth classes are offered at 11 a.m., 2:30 p.m. or 4:30 p.m. on the day of the classes. Upcoming classes include making a reindeer votive Wednesday for \$4, a gift for Dad Dec. 3 for \$5 and a gift for Mom Dec. 10 for \$5 and make your choice of two ornaments Dec. 17 for \$4.

Adult classes include making a large or small log candle Nov. 25. Cost is \$13 for the large candle or \$7 for the small. Making soda can angels Dec. 2, a beaded Christmas safety pin Dec. 9 or crochet thread angel ornaments Dec. 16. Cost for the December classes are \$5 each.

Call Ext. 7836.

Free pet sitting classes: The next class is from 10 to 11 a.m. Monday. Please call the Lodging office at Ext. 2373 to register. To establish a pet sitting service on base, you must attend this class.

Mexican lunch buffet: The Columbus Club offers this special lunch buffet from 11 a.m. to 1 p.m. Wednesday. Cost is \$5.95 for club members and \$7.95 for nonmembers. Call Ext. 2489.

Fish and chips special: The bowling center offers this special from 5 to 7 p.m. Thursday. Cost is \$4.75 per person and includes four fish strips, criss-cut fries, cole slaw, hushpuppies and a small drink. No reservations necessary.

Call Ext. 2426.

Silver Star casino trip: The information, ticket and travel office offers this trip Nov. 21. Cost is \$15 per person and includes transportation and \$15 in coin.

Call Ext. 7861 for reservations.

Youth trip to automobile museum: The youth center offers a trip to the automobile museum in Tupelo, Miss. from 10 a.m. to 4 p.m. Nov. 22. Cost is \$5 per person and includes visiting the museum and the Barnes Crossing Mall. Call Ext. 2504.

Free Squadron Bowling Parties: The bowling center offers two free hours of bowling for an official squadron function anytime between the hours of 8 a.m. and 4 p.m. Monday through Friday.

Shoe rental is 75 cents per person, if needed. There is



Pam Wickham

Strike!

Dale Stafford shows off his bowling technique during the monthly Cosmic No-Tap Bowling Tournament. The next tournament is at 7 p.m. Nov. 21. This tournament is open to all family members and entry is \$10 per person. The bowling center also offers an adult no-tap tournament on all other Friday nights at 7 p.m. Entry is \$10 and includes bowling and prize fund. Call Ext. 2426.

no limit as to how many times a squadron takes advantage of this free offer, but it must be reserved in advance with the bowling center staff.

Call Ext. 2426.

National Football League trips: The information, ticket and travel office offers two trips to New Orleans to watch the Saints play the Tampa Bay Buccaneers Dec. 7 and the New York Giants Dec. 13.

Cost for each trip is \$99 per person and includes transportation, one night’s lodging at the Radisson on Canal Street and a ticket to the game.

Bus will leave the community center on Saturday at 9 a.m. and return Sunday evening. Call Ext. 7861.

Ski the Smoky Mountains: Register by January 9 at the information, ticket and travel office for this trip Jan. 17 to Jan. 19 to Gatlinburg, Tenn. Cost is \$199 and includes transportation, two night’s lodging, lift tickets and rentals. If you do not require rentals cost is \$170 per person or for those nonskiers cost is \$125. A deposit of \$50 is required upon registering.

Call Ext. 7861.

Mardi Gras trip: The information, ticket and travel office offers this trip to New Orleans Feb. 14 to Feb 16. Cost is \$165 per person and includes transportation, two nights lodging at the Holiday Inn. A deposit of \$50 is required when registering. Call Ext. 7861.

Grief support: A six-week grief support session begins Tuesday at the Baptist Golden Triangle Willowbrook Building. The sessions are from 10 to 11:30 a.m. Tuesdays until Dec. 23. Pre-registration is requested. For more information, call 243-1173.

Weekly events: Everyday is military identification card night with a 10-percent discount at the Princess Theatre and the Stage Door Coffee House. Tuesdays are Ladies' Night with specials all night at the Stage Door Coffee House. Thursdays are Open Mic Nights at the coffee house at 9 p.m. For more information, call 327-6789.

Charity sale: A charity sale at McRae's is from 6 to 11 a.m. Nov. 22. The sale benefits local charities. People can pay \$5 for a ticket to access the sale and a chance for door prizes. Tickets are available at McRae's.

Turkey run: The Mississippi University for Women's

Turkey Trot Run is Nov. 22. The three-mile run is \$15 on the day of the race or \$12 if registered by Tuesday. Registration begins at 8 a.m., and the run is at 9 a.m. For more information, call 329-7225.

Columbus parade: The annual Christmas Parade through historic downtown Columbus begins at 7 p.m. Dec. 1. The parade starts on College Street and loops down to Main Street. The parade is open to the public. For more information, call 328-4491 or 328-7261.

Trees of Christmas: The Columbus Public Library displays "Trees of Christmas" from Dec. 1 to Dec. 31. The handmade decorations represent literary and musical themes.

Exhibits depicting the holiday season are on display from elementary students, private collections, and garden and community clubs.

The displays are free to the public. The library is located at 314 7th Street North. For more information, call 329-5300.

Driving tours: The self-guided driving tours by decorated historic homes are Dec. 1 to Dec. 31. Brochures with maps are available at the Columbus Welcome Center for the houses decorated in Antebellum and Victorian eras. The tours are free to the public. For more information, call (800) 327-2686.

Singing tree: The singing Christmas tree with 100 voices singing along with a community orchestra and 6,400 twinkling lights is at 7 p.m. Dec. 5, 5 and 7 p.m. Dec. 6 to Dec. 7.

The 30-foot "living" Christmas tree is at First United Methodist Church on Main Street and is free to the public. For more information, call 328-5252.

Arts and crafts show: The Indoor Holiday Arts and Crafts show is from 9 a.m. to 4 p.m. Dec. 6 at the Lake Lowndes State Park. For more information, call 328-2110.



Columbus AFB walks to help diabetes

Airman Alexis Lloyd
Public affairs

A team of 20 people from Columbus AFB participated in Mississippi's Walk for Diabetes Sunday to help raise money for the Diabetes Foundation of Mississippi, Inc. The team raised more than any other team with a total of more than \$1,000 and won a pizza party.

Participants had their own reasons for walking the three miles.

"I participated in the walk because some of my wife's family has diabetes, so I wanted to support their ongoing effort to fight diabetes by contributing donations and showing moral support by walking," said Airman 1st Class Luke Mostoller, 14th Comptroller Flight. "Not only was it good for me to get out there and walk, it made me feel good knowing that I was doing it for a good cause."

One lieutenant had a close friend who dreamed of joining the Air Force. They went through high school Air Force JROTC and the Civil Air Patrol together, but because his friend was diabetic, he couldn't join the Air Force.

"I participated in the walk for diabetes in his honor," said 1st Lt. Ariol Paz, 14th CPTF. "I believe it is important to participate in activities like this to educate people and help prevent and/or fight diseases. I also believe it is the human thing to do — to help people less fortunate. It is a way of showing people they are not alone, that others do care and that there is always hope for a better tomorrow."

Even those whose lives or their family's lives aren't directly affected by the disease wanted to walk.

"Although, I don't know anyone personally with diabetes — I wanted to let those who do have it know that I



Airman Alexis Lloyd
Airman 1st Class Evelyn Baxter, Phyllis Caudill, and 1st Lt. Ariol Paz, 14th Comptroller Flight, sign up for the Mississippi Walk for Diabetes Sunday at Propst Park in downtown Columbus.

support them and I care," said Tech. Sgt. Patanya Garrett, 14th Medical Operations Support Squadron. "I'd like to see more participation next year from the Columbus community."

"The Columbus AFB folks made a tremendous effort in supporting the walk through their donations and time out walking for the cause," said Master Sgt. Shrieves, 14th MDOS and team captain.

SHORTS

Indoor soccer registration

Indoor soccer registration begins Saturday and lasts until Dec. 15.

Cost is \$25 for players. Participants must have a current physical on file or obtain one prior to the start of the season. A late charge of \$10 will be assessed if signed up after Dec. 15. Volunteer instructors are needed. Call Ext. 2503.

Fun run/walk

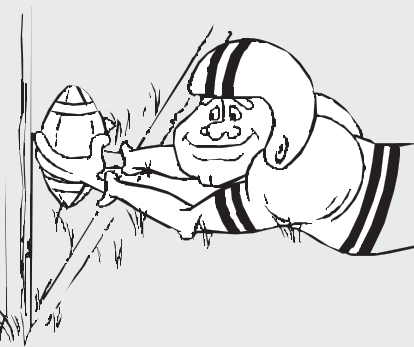
Take in a 1.5-mile walk or a three-mile run at 8 a.m. Nov. 21. There are various door prizes to be given away.

Contestants of all ages are welcome. Call Ext. 2772.

Cosmic no-tap bowling

All levels of bowlers are invited to

Flag football standings		
The following are the intramural standings as of Wednesday.		
Teams	Wins	Losses
14th OSS	7	1
Tweets	6	1
48th FTS	5	2
14th CES #2	5	2
14th CES #1	4	2
14th SFS	4	3
14th CONS	4	3
14th CS	3	3
14th MDG	3	6
14th MSS	0	18



enter this monthly no-tap tournament Nov. 21. Sign up by 6:45 p.m., and the games begin at 7 p.m.

Entry is \$10 per person.

Players must get a strike with a red-head pin to spin the wheel to win a prize.

Every game, randomly selected individuals are challenged to knock down a certain number of bowling pins. Call Ext. 2426.

Wacky glo ball

Wacky glo ball is Nov. 22. The tournament begins with 9-holes of wacky golf starting at 4 p.m., then dinner and then 9 holes of glo ball golf.

Entry is \$25 for members and \$25 plus greens fees for nonmembers.

Cost includes dinner, prize fund and glo balls. Call Ext. 7932.

Fitness 101

People who want to get in shape but aren't sure how to use all the fitness and

sports center's machines can schedule a Fitness 101 class.

The center shows the person how to find his or her target heart rate and to use all of the equipment.

Classes are by appointment only. Call Ext. 2772.

Personal trainers

Personal trainers are available at the fitness and sports center to spice up a workout routine or help a person get more out of their workout. Call Ext. 2773.

Aerobics classes

Aerobics classes ranging from beginning step, kickboxing, spinning and yoga are offered every week at the fitness and sports center.

There are 15 different classes every week. For information on class times, call the Ext. 2772 or stop by the center for a schedule.

Bargain Line advertisement

The Bargain Line is free for all military members (including guard and reserve members), DOD civilians, military retirees, family members and contract employees. Bargain Line advertisements must be turned in to the Silver Wings office in the 14th Flying Training Wing headquarters building by noon Monday to be included in the following week's issue. Late ads will be held over for the next issue. Reruns must be phoned in to the Silver Wings office, 434-7068, by noon Monday for inclusion in the next week's issue. Please do not resubmit ads for rerun on this form. Advertisements should contain a home phone number, home address or both. Duty phone numbers will not appear in the ads. Advertisements for private businesses or services providing a continuous source of income, such as baby-sitting or rental property, may not appear in the Bargain Line. They may, however, be purchased through the Silver Wings publisher, 328-2424. Please fill out this form completely. The Silver Wings staff reserves the right to edit ads as necessary.

Type of advertisement (circle one): Home Transportation Miscellaneous Yard sales Pets

Print advertisement: _____

Name: _____

Home Telephone #: _____ Duty Telephone #: _____
(in case we need more information)

Please let us know what you think of the Silver Wings:

Are you happy with the Silver Wings? Yes ☐ No ☐

What would you like to see more of in the newspaper? News ☐ Sports ☐ Photos ☐

If you would like to give any other suggestions, please e-mail us at silverwings@columbus.af.mil.